Do not deceive yourself with sham sweet talk and love resurrection,

DV Get in touch with us commediately in case of DV.

Victims of domestic violence by husbands showed about 8%.

How to avoid victims of DV?

According to a survey carried out by the Cabinet office, DV by husbands allegedly occurred in one out of every 13 wives. We, FICEC provided 22 advices on DV in 2010. You may ask for protection order or aid by police with permanent, residential and spouse visa when injured in body or spirit by husband violence. There are some possible solutions to escape husband violence as under-show.

- ① Earn your own living after leaving husband house.
- ② Go to your relatives (parent, sister or brother) house and live with them.
- 3 Get a lot of assistance from your friends.
- ④ Go to DV section in city government and ask for domestic violence shelter that protects women
- ⑤Go to welfare division in city government and apply for welfare benefits after submitting certification as DV victims.

However, it is not possible to apply for welfare benefits if you have short-term stay visa or families stay visa. In addition, it is very difficult to leave husband house if you have school age children. There are some proposals for you to make the necessary arrangements in order to avoid DV victim.

First, please find your own amusements or habits. Try to make friends as many as possible by participating in group activities at community center, gymnastic hall, library and etc.

And then study Japanese as much as possible. Try to talk to your husband your joyful incidents of the day in Japanese. It will lead your husband to understand that you consider many things and study Japanese hard.

We regrettably found about 50% of DV victims who were protected at FICEC shelter could speak broken Japanese and only 20 % of them could read both hiragana and kanji letters. No wonder it creates miscommunication or misunderstanding.

It would be convenient to read, write and speak Japanese if you would live in Japan.

Therefore, we recommend you to study Japanese at Japanese language class located near.

In the next phase, try to get a job. Most of DV victims who were protected at our shelter had no work experience. Such above condition is far from self-reliance.

Lawyers specialized in DV cases made a comment that most of DV victims had very low self-esteem. The relationship between you and your husband is not thought to be your entire life. It is important to prepare for your future life plan while raising kids.

Keep up your spirits! It is up to you whether you have bright future or not.

www.ficec.jp/foreign/

• FICEC's new office moved new place. The new address is described on the last page.

Consultant service for foreign nationalities is available on weekday at FICEC.

FICEC received about 700 consultations annually but our consultants who could speak native language have not been always available so far. We have deployed our bilingual consultant at our office. However please note that it is available depending on the day of the week and language.

We expect smooth consultation for daily life through better communications. Details are as follows:

Day & Time: From Monday to Friday, 13:00 – 16:00

Available languages: Monday(Portuguese), Tuesday(Tagalog/English),

Wednesday & Thursday(Chinese), Friday(Tagalog/English)

Participants wanted. "Japanese cultures and worldwide dishes"

We have arranged some event plans that aimed for an affluent life with high internationality in local through mutual understanding of foreign people living in Japan and Japanese. We, FICEC are now inviting foreign participants. Events are as follows: Please contact FICEC for detailed. information.

- ①Flowers arrangement: On Feb. 1, 2012(Wed) From 10:00 to 13:00 free of charge
- ②Chinese (Taiwan)New Year's dishes: On Feb. 8, 2012(Wed) From 10:00 to 15:00, Fee: 500 yen/person ③Place: Ooi Central Community Center, (Eexchange meeting will be held after above events.)

Rental of electric power-assisted bike with two child seats

Good news for the family with infants. Fujimino city started to rent out electric power-assisted bike with two child seats to the families that have more than two infants from 1 to 6 year-old. Annual out-of-pocket expense is 12,000 yen.

Child helmets are available when renting. Number of bikes: 20 units. Subject to appropriate storage facility and participation in training lecture held on Feb. 20. It will be decided on Feb. 2 by lot when exceeding quota.

Submit application to child care support section of Fujimino city by January 30,2012.

•Documents required ① Application ② Letter of consent (Please refer to HP or booklet of Fijimino city for more information.)



Unlawful to litter near Kamifukuoka station!

It has been prohibited to smoke on the street and litter cigarette butts near Kamifukuoka station since Apr. 1, '11. Please pay attention to this issue so as to avoid any troubles that may arise. Smoking is only allowed at the designated smoking areas.

Information on hospitals and medical care during New Year's holidays

Most of hospitals and medical offices are closed during New Year's holidays. The following information is useful in case of emergency or medical care at nighttime.

■ Higashi-Iruma medical association : Phone 2 6 4 - 9 5 9 2

URL http://www.ne.jp/asahi/higashi-iruma/med/

Medical departments and available time

[Physician/Pediatric] from 09:00 to noon and from 13:00 to 16:00,

[Physician] From 20:00 to 23:00

www.ficec.jp/living/

• Please refer to "The information booklet for cozy life in Japan in six languages."