

You may see some of Japanese cultures through steaming bath. How about experiencing relaxation spa?



There is a lot of hot springs in volcanic country, Japan and Japanese are said to be bath-loving nation worldwide. Bath-taking habit was introduced in the 6<sup>th</sup> century from China together with Buddhism. It was at that time said that "Bath-taking can remove people from 7 diseases and get 7 fortunes."

Nowadays speaking of bath, it is an inside home bath.

However, recently versatile public baths (Relaxation spa) have been popular with people because they highlight their own hot springs from on-site fountain and they have own leisure facilities. How about trying relaxation spa as a shortcut to understand Japanese people and cultures?



In general the relaxation spa is a public bath which has large-sized bath, open-air bath, steam bath, waterfall shower, Jacuzzi bath, bedrock bath as well as rest house and dining facilities bath. Most of them highlight hot springs pumped up from their own fountain, 1500-1800 meters below ground.



An admission charge is 600 – 700 yen per person. When entering into building, you can find shoe box. Take off your shoes and put them in the box. Please lock shoe box after inserting 100 yen coin. The coin will return back when unlocking. Purchase the admission ticket at coin machine and hand the admission ticket over at reception. Please take your towel only in the bathroom because body soaps, hair shampoo and rinse are provided in it. Please note that the bath room is segregated by sex.



How to go to the bathroom? You can find some automatic locker at changing room. The door of the locker with key can be used with 100 yen coin (No coin required at some facilities) and put all your clothes into the locker. No Photo, No mobile phone, No beverage into the bathroom. The machine for drinking water is available in the bathroom.



How to soak the bath? It is said to be general manner for men to wrap towel around lower half and for women to wrap towel around busts before entering into hot spring baths.

1. First, wash your body before you soak in the bath water and pour water over your body and get used to the temperature before entering the tub.
2. Avoid taking baths after drinking alcohol.
3. The long hair must be tied up so that the hair should not be touched.
4. Don't soak your towel.
5. Pay attention not to splash (hot) water and soap bubbles to others.



6. Tattoos and gangsters are not permitted. The adults who are regularly in a diaper are also not permitted. Refrain from taking bath with breast-fed infant.
7. Please be careful of long bath-taking because soaking for too long would make you dizzy.
8. Do not wash body in the bathtub.



- How to get out of bath?
  1. Wipe body fully with hand towel before going back to the changing room.
  2. Please share makeup table with others.

**Norovirus is at the peak throughout Japan this February. Never fail to wash hands carefully when coming back home.**

**A job-placement office (Furustao Hello work) in Fujimi city opened on January 2013.**



Fujimi city set up the job-placement facility together with "Hello Kawagoe-city".

It was necessary to go to Kawagoe for job-hunting activity so far but this facility is set in a readily-accessible location for job-hunting activity. The facility location is in Sunlight Hall of Tsuruse station building, west exist. Please find out suitable parking lot near this facility because no parking lot is available when using this facility.

Office available: From Monday to Friday,

Time: From 09:00 – 17:00 (Except national holidays & year end-start holidays)

Main activities

- ★ Information service on employment opportunity using website (touch panel operation) is available. We have 2 computers in offices.
- ★ Job introduction and career advice by career counselor
- ★ Information service on seminar for job hunting

● Enquiry:

Fujimi city Furusato Hello work, Phone 049-253-8581

**Briefing session for schools entrance (elementary, junior high and special) will**

An orientation session will take place for guardians whose children enter in schools this April. School attendance notice will be sent to the guardians from city office on January beginning and take part in this session after confirming the school in which the child should enter.

Some guardians moved from other areas may not receive the school notice. Therefore, please contact the city office if undelivered. The school notice for junior high school is circulated by way of the elementary school and is mailed to the head of household in a certificate of the residence.

**We can pack up your troubles with 300 yen per hour.**

"If you have troubles, contact us on the phone. We can assist you with 300 yen per hour." NPO Fujimino Akarui Shakaizukuri" has been acting with above catch phrase. In this organization a lot of volunteers (Not charge-free) has been offering assist and help for mainly aged persons and nurturers such as child-raising, cleanup, hospital visit, minor repair work and chaperon with 300 yen per hour. Let me suggest you to take their offers actively in case of no time or no appropriate person to ask.

Contact: Fujimino city Sasaeai Center (From 09:00 – 16:30), Phone 049-293-6266

[www.ficcc.jp/living/](http://www.ficcc.jp/living/)

● For further enquiry, contact Fujimino International Exchange Center, 049-256-4290.