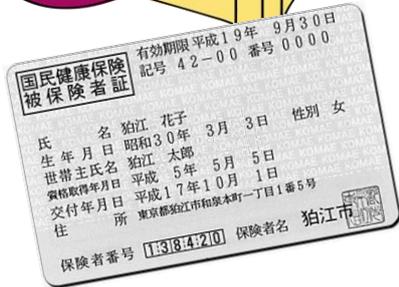




What is “National health insurance system”?

Most of Japanese have health insurance card. Even if you get sick, you can take medical advice at a hospital with only 30% of medical bills.

Foreigners living in Japan for 3 months or more should apply for this system.



Health insurance system in Japan has been continued for more than 50 years. It is national health insurance system that whole people in Japan join in any of health insurance to support each other's national health expenditures. Anyone can use medical treatment for health, anywhere and anytime.

Before this system started, treatment may be delayed in some cases because he cannot pay medical fee, even physical condition is bad, and may die in some cases.

In such way, only rich people could get medical care. Therefore, health insurance system has been prepared to help each other for health care.

A foreigner whose visa length has been decided to be more than 3 months, has a right to get national health insurance, on the day when he/she started to live in that region.

Foreigners who do not get health insurance at their place of employment must get national health insurance.

Go to Health Insurance Dept. of your local municipal office for the application at once.

You should have **your residence card, special permanent resident certificate, and passport** for the application. The application should be performed within 14 days since you submitted transference notification. Even if the application is delayed, the date you get the health insurance is backed on the date when the right to get the health insurance started.

When you get national health insurance, an insurance card is issued per person. When you go to hospital for medical care, take the insurance card with you and the medical treatment costs will be only 30%.

Persons from 40 to 74 years old can have medical check-up with 1000 yen once a year.

Also, you may receive necessary payment when child is born or when dead.

When you get the national health insurance, you are subject to duty of national health insurance tax according to the previous year's income or number of person who get the national health insurance in the family. For those who are 40 years old or more and 65 years old or less, you are also subject to duty of long-term care insurance tax. There is no tax exemption for national health insurance tax. For households which have no income, tax is reduced. Those who are on welfare do not get national health insurance.

There are many troubled people who cannot pay medical expenses after they get ill. Before that, go to your local municipal office and go through procedure at once if you do not get any insurance yet.

Explanation: ISHII Nanae, President, Fujimino International Cultural Exchange Center

For foreigners in Japan, to prevent getting involved in an accident ...

To prevent getting involved in an accident, foreigners living in Japan should keep rules (laws) in Japan. If you happen to see any criminals or accident, please report or consult with the police at once.



Symbol mark of Saitama Prefectural Police "Poppo"

Cases of how to prevent being involved with the criminal

◆ Crimes using internet bulletin board

- ◎ "We will buy your cellular phone or a bank account for 20000 yen" => Suddenly one day you will be a perpetrator of fraud.
 - ◎ "You can make your Japanese driver's license in cheap price" => You should not drive a car without the driver's license approved by Public Safety Commission.
 - ◎ "Legal drug" => It may be illegal drugs such as hemp.
 - ◎ "We will act for remittance to your home land" => Remittance procedure to overseas can be performed only by regular financial institutions.
- ※If you use such site service, you may be criminals.



It is important that you should confirm the contents fully.



◆ Cautions for work and living place

- ◎ Working at adult entertainment establishment is prohibited.
- ◎ Do not sublet the apartment which you made the contract. =>
 - <1> Apartment becomes a gathering site of overstaying foreigners
 - <2> Hemp was grown in the room

- Saitama Prefectural Police -

New map symbols for foreigners

15 map symbols are newly established for foreigners at Geographical Survey Inst.

	Post office		
	Police box		Convenience store
	Shrine		Hotel
	Church		Restaurant
	Museum		Toilet
	Hospital		Hot springs
	Bank, ATM		Railway station
	Shopping center		Airport

Personal computer class

New students are recruited (charged)

- Date: Twice a month (Thursday) from 1:00 to 2:00 p.m.
- What to bring: Note PC, writing instruments
- You can learn Word, Excel and others
- You should be able to make simple conversation in Japanese and read Hiragana



At the PC class in FICEC, active PC teachers will teach you, easy to understand and politely. Every lesson is very useful so that you can use it for finding new job by learning how to use PC. Let's learn PC and find your new world. For application, contact to FICEC.