

Don't you think it's hard to be together with your partner or feel scared sometimes, when it should be your happy hours?

# Hidden Intimate Partner Violence!



• • • What is intimate partner violence and how to make good relation with your sweetheart? • • •

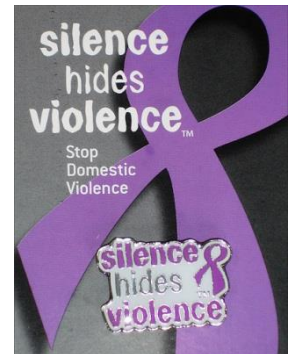
## 1. Intimate partner violence

Intimate partner violence means any violence of a current partner. Though you don't like the way the partner's behavior, you may endure and sympathize with the partner or you think the partner's behavior is because the partner wants you to spoil the partner and you don't want to call the partner an evil person, in many cases. But following behaviors are intimate partner violence.

- The partner calls you ugly face, you're fat, stupid, or good-for-nothing, frequently
- The partner pokes you, pull your hair or throw something to you
- The partner checks your mail, or restrict your activity or your social life
- The partner withdraws your saving from the bank without permission or force you to pay money
- The partner forces you to sexual intercourse against your will and do not agree even you deny it

## 2. Reason why intimate partner violence occur

- Moments of impatient  
When you are in love, you may think too much of your partner that he/she is your own thing and want him/her in your own way in everything, which may turn out intimate partner violence
- Moments of outbreak of feeling  
When relation of controlling side and controlled side is established, violence repeats and such relation becomes worse.
- Moments of love  
When violence stops and becomes calm, you may think you are loved and it was not violence. Then it becomes difficult to get out of such relation.



## 3. To make better relationship again

- Let's look again if there is no violence between the relationship of you and your partner.
- You should say you don't want violence, little by little.
- When it is difficult to solve the problem of violence between you two, don't think by yourself and it is important to call for help. If you cannot consult with your friend, consult a counseling reception. Your secret will be kept for sure.

<b>With You Saitama</b>	TEL.048-600-3800	Mon. to Sat.	10:00~20:30
<b>Women Consulting Center</b>	TEL.048-863-6060	Mon. to Sat.	9:30~20:30

\*You should express your feeling to your partner, respect your partner, and try to make equal relationship with your partner.

(Written by Nanae ISHII, chief director)

Korean staff of FICEC gave a lecture regarding “Foreigners’ human rights” at Toda city

Special contribution

What is discrimination?  
—Learning Japanese language to eliminate discrimination —



Everyone do not want be discriminated and they know that it is not good to discriminate. However, they discriminate in order to protect themselves or to make themselves stand out. In such way, we human are incongruous in many ways. In case when a person has power, he/she may want social discrimination and reject the same service with the weak. A good example of this case is the former vice president of Korean Air Heather Cho, who made a great flutter. There are people who want to get a special treatment up, which is a reverse discrimination, seen from world in general. It shows that the emotion of discrimination runs deep in human being. It is important to do away with special treatment for privileged people but it is more important to do away with discrimination to socially vulnerable people because it is directly related to their lives and livings.

Then who are the socially strong people and socially vulnerable people? Thinking of “right of foreign people” Japanese who have nationality of Japan is socially strong and I, who have Korean nationality is socially vulnerable. However, when I go back to my country I am socially strong and you Japanese will become socially vulnerable when you go abroad. It means that discrimination of foreign people is other people’s business but it is also our business. Therefore, to consider foreigners is not just to think for foreigners but it is also for your effort who has possibility of being a foreigner in other countries. If you were not discriminated in a foreign country, where you cannot speak their language, and you got appropriate treatment, you should be thankful to the socially strong people of that country.

When we say “let’s eliminate discrimination” you think it is difficult and the country may do something for it. But there is a very simple thing that anyone can do it. When I come to Japan for the first time, a professor of University advised me, “to avoid being discriminated in foreign countries, you should learn the language, which cultured people use, in that country.” Sometimes I meet people who changes attitude and uses rude word when he/she knows that I am a foreigner. Discrimination starts from language. How the other party talks indicates how he/she thinks. In Japan there is an honorific expression. Foreigners do not speak broken language by choice. If they have a chance to learn an honorific expression of Japanese not to be discriminated, they will try to speak in such words. That is the expression of respect to Japan and it also protects their dignity for themselves.

(Written by An Unju, Staff of FICEC)



On Dec. 22: Experience of making soba



On Jan. 12: Experience of first calligraphy of the year, using a writing brush and the ink

“Doll Festival” -- Event of Japanese Language class in March

March 3<sup>rd</sup> is the day of Doll Festival (Hinamatsuri). A set of dolls are displayed where there are girls in the family and offer sweet white sake (used as the celebratory drink for the Doll’s Festival), and hishi mochi (rice cake made of flour seed of water chestnut).

This festival is to wish girl’s healthy growth. As it is a season of peach blossom (momo), it is called momo no sekku (a seasonal festival of peach blossom)