



# Food Bank “Helping each other in the community through food”

## ■ Creating a place where you can easily drop in

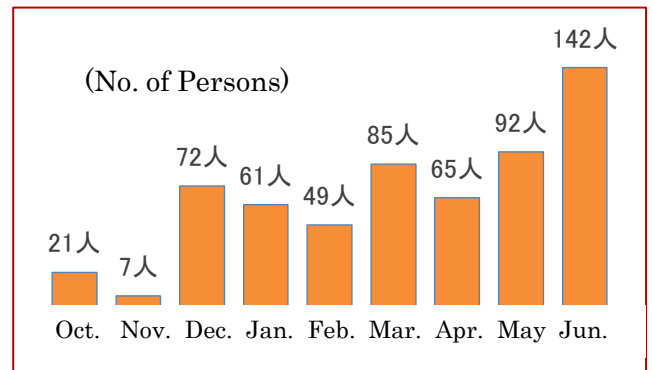
Food Bank activities are to help each other in the community through food. FICEC Food Bank started in October last year. The concept is creating a place where foreigners and Japanese can help each other and feel free to stop by.

Here is a table of number of persons who used FICEC Food Bank. Influence of the COVID 19 is great. However, FICEC Food Bank seems to be expanding the foreigners' community.

Food Bank is available whenever FICEC office is open. Please call the staff.

**Monday to Friday 10:00~16:00**

**Saturday 10:00~12:00**



## ■ Let's eliminate food loss

Food Bank is often thought of as poverty alleviation activities for people in need and children. But the starting point of the Food Bank was to eliminate food loss. Collecting over produced foods and foods that are discarded for various reasons, eating them, and delivering them to those who need them” is a Food Bank.

There is a priority in providing foods. Priority is given to those who need food. If there are foods that are not suitable for people in need of living, such as being unable to cook, or a large amount of food that cannot be consumed, we will expand the food supply destinations to prevent food loss and eat together to prevent food waste.

Recipients are “Local activity groups (children’s associations, sports boys’ groups, etc.)”, “elderly groups”, and “support organizations (FICEC, etc.)”.



## ■ Exchange and help each other with foreigners through food

The staff involved in the food bank gives food to everyone, saying, “Let’s eat together,” instead of “giving food.” All food provided is free of charge. Let’s continue the “exchange and help with foreigners through food” that only FICEC can do without difficulty.

**FICEC provides donated clothing and school supplies to those who need them.**

When you come to FICEC for life consultation, Japanese language class, international children’s club, translation request, etc., please drop in at “FICEC Food Bank” or “Bazaar Supplies Corner”.



Life consultation

We provide life consultation at FICEC,  
Monday to Friday from 10:00 to 16:00



**I went to the office to get a pension. I was told that I couldn't receive it because the name was different. What should I do?**

Some people with alphabetic names may have slightly different names for resident's card, pension book, bank passbook and social insurance. You may be pointed out that your name is different when you receive insurance.

Also, at some banks, you may only be able to make a passbook in katakana. The name indication of the residence card is based on the passport. When writing your name on your passbook or pension/insurance documents, use the same katakana notation and make a note so that you do not forget it. If you review it again and notice any mistakes, correct them before your insurance or pension expires.

**I am a woman with a resident visa raising a child of Japanese nationality. Next year, my child will be 20 years old. Will my resident visa expire?**

Depending on individual circumstances, the mother's resident visa cannot be continued if the child becomes an adult.

A resident visa is, in principle, a visa given to a person who is working and can support himself. Please call the Immigration Bureau to discuss your situation in detail.



**Why don't you take the Japanese language test?**

Those who are studying Japanese!  
Those who want to know your level of Japanese proficiency!  
Here is a test to measure Japanese proficiency.

**Japanese Language Proficiency Test**

(JLPT) <https://www.jlpt.jp/>

This test measures and certifies Japanese proficiency for non-native Japanese speakers. There are levels from N1 to N5. This test is a mark sheet method. Test results will arrive in about 2 months.

Test date of 2021 2nd test: December 5 (Sunday)

<Application until September 16th (Thursday) 17:00>

**Japan Foundation Japanese Basic Test**

(JFT-Basic) <https://www.jpff.go.jp/jft-basic/>

This test is mainly for foreigners who come to Japan for work. It is judged whether or not they have ability to have some daily conversation and ability to live a normal life in Japan.

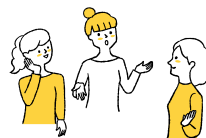
Examinee answer using a computer at the test site and the total score and judgment result will be displayed on the screen at the end of the test. You can take the test in Japan as well from March 2021.

※To obtain the status of residence "Specific skill No. 1", you must pass either the Japanese Language Proficiency Test (N4 or above) or the Japan Foundation Japanese Language Basic Test.

**Café FICEC Only English Café**

**Exchange meeting only in English without using Japanese**

Welcome for both those who are not good at English and who are good at English



We pay full attention to COVID 19 infection control for free talking in a small group. The number of people is limited. Please apply in advance.

\* September 18 (Saturday) 2:00 to 4:00 p.m.

\* Fujimino International Cultural Exchange Center

新型コロナウイルス感染拡大防止のため、延期となりました。 Tea fee 200 09-256-4290

**FICEC Office Renewed**

