



If you feel sick, Go to the Hospital!

Even after getting used to life in Japan, do you go to the hospital when you get sick or injured? Looking at the content of the lifestyle consultation that FICEC receives, we found that there are many difficulties for foreigners to go to hospitals besides "not being able to speak Japanese" and "few doctors who can speak in foreign languages."

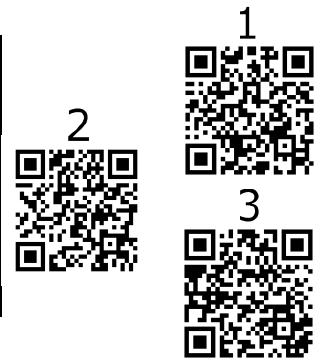
In a survey conducted by the Immigration Bureau in 2021, the following comments were also made.

"I don't know how to go to the hospital" (23%), "I couldn't tell the hospital exactly what my symptoms were" (22%)

Although there are customs and lifestyle in your home country, a delay in going to the hospital could be irreversible. If you feel something is wrong, go to a hospital before it is too late.

A Hospitals certified under the Japan Medical Institutions for International Patients (JMIP) Certification System are introduced here.

1	Saitama Medical University International Medical Center	1397-1, Yamane, Hidaka-shi	042-984-4111
2	Hanyu General Hospital	446 Oaza-Shimo-Iwase, Hanyu-shi	048-562-3000
3	Saitama Red Cross Hospital	1-5 Shintoshin, Chuo-ku, Saitama-shi	048-852-1111



B These are hospitals that can handle foreign emergency patients requiring hospitalization



jnto.go.jp

TMG Muneoka Central Hospital	5-14-50 Kamimuneoka, Shiki-shi	048-472-9211
Aobadai Clinic	3-8-2 Miyado, Asaka-shi	048-474-5270
Medical Corporation Shinyukai Kikuchi Hospital	371 Uenodai, Fukaya-shi	048-571-0660
Ounen Polyclinic	1037-1 Nakatomi, Tokorozawa-shi	04-2990-5818
Matsumoto Internal Medicine	1-330 Horinouchi-cho, Omiya-ku, Saitama-shi	048-649-3533
Sakado Central Hospital	30-8 Minami-cho, Sakado-shi	049-283-0019
Kamifukuoka General Hospital	931 Fukuoka, Fujimino-shi	049-266-0111

※ There is a Chinese doctor in the obstetrics and gynecology department of Kamifukuoka General Hospital in Fujimino-shi

FICEC will support you with consultation and hospital information

FICEC is not able to provide medical interpretation services that require expertise, but can provide directions to the hospital and translate printed materials and instructions (for a fee). If you do not have money to go to a hospital, we will guide you to the support provided by the government or local government. In addition, some hospitals have a free and low-cost medical care system, which provides support for the cost of hospital treatment and medicines, so please consult with us.



Required Fees At the Time of Enrollment

Do you know how much it costs to enter elementary school?

Education in Japan is said to be free up to junior high school. Indeed, public schools are tuition-free and textbooks are distributed free of charge. But entering elementary school requires a lot of other preparations and costs money.

The following items should be purchased by each student prior to enrollment, although they vary slightly according to each municipality.

School bag (¥30,000-¥70,000), school cap, indoor shoes, indoor shoes case, gym uniform, red and white cap, gym uniform bag, school lunch set, luncheon mat, toothbrush set, pencil case, stationery (red and blue pencils, eraser, pencil sharpener, 15 cm ruler, colored pencils, underlay, scissors, glue, cellophane tape, clay, crayons), toolbox, disaster prevention hood (usually used as a seat cushion and in an emergency as a disaster prevention hood), contact book, water bottle, rain gear, handbag, notebooks and drills for each subject, etc.

You really need a lot of stuff and you have to put your child's name on everything you have prepared. You should also write the name on each pencil.

In addition, some items should be purchased after enrollment, such as a melodica.

Admission Briefing A detailed explanation will be given at the admission briefing held in January or February.

※ Families with children who plan to enroll in the school will receive a postcard of the admission briefing. If you are in need of money for entrance preparation, you can receive support for school enrollment. Please consult with the city office as soon as possible.

You can also consult FICEC. We have a stock of school bags.

For entering junior high school, students will need additional uniforms, jerseys, and new materials.

In Fujimino City, junior high school uniforms and jersey clothes are donated by graduates.

General Welfare Consultation Center (Tel. 049-262-8130)

Let's do our best to prepare for the entrance to school so that children can enter with joy and hope!



Fujimino-shi Citizen's Activity Exchange Meeting

FICEC will participate with an exhibition introducing its activities.

There will be singing, dancing, a handmade corner, health checks (bone density and grip strength), and a tea room by high school students.

Come visit us!

■ Venue: Fukutopia, Fujimino-shi

■ Date & Time: February 4 (Sun.) 10:00-15:00



The Living Guide Home Page is now available in Vietnamese!



Status of Residence
Child Care Education
Medical care Work
Consultation, etc.

